Donate Plasma

Give someone a healthier future!
Making The World a Healthier Place

- Millions of people all over the world rely on medicines made from plasma.

- For many, plasma-derived medicines mean the difference between sickness and health; for others, they mean survival.

- Biotest Pharmaceuticals is dedicated to saving lives and promoting good health worldwide by meeting a global demand for medicines made with plasma.
Medicines Made From Plasma

- Clotting factors, to treat hemophilia (a bleeding disorder).
- Albumin, to stabilize burn, trauma, and surgery patients.
- \( \text{Rh}_\text{D} \) Immune Globulin, to save the lives of babies whose blood types are incompatible with their mothers’.
- Hepatitis B Immune Globulin, to prevent hepatitis B after exposure.
- Tetanus Immune Globulin, to prevent tetanus after exposure.
- Varicella-Zoster Immune Globulin, to prevent chicken pox after exposure.
- Rabies Immune Globulin, to prevent rabies after exposure.
- And many more.
What is Plasma?

Plasma is often described as the straw-colored "liquid" portion of blood. It contains important substances like antibodies that protect us from such diseases as hepatitis, rabies, tetanus, and chicken pox; clotting factors that stop bleeding; and proteins that can be vital to the survival of trauma and burn victims. Blood also has a "cellular" component that consists of infection-fighting white cells and oxygen-carrying red cells.

Every drop of your blood contains valuable substances that help keep other people healthy. During your donation, your blood goes through a plasmapheresis machine, where it is spun to separate the plasma from the red blood cells.
Plasma is an essential building block in many drugs and medicines, and there’s only one source for plasma: healthy people who donate it to help others.

Your plasma contains lifesaving substances.
The Plasma Donation Process

What to Expect:

• Donating plasma is safe and easy.

• Your first visit to the Biotest Plasma Center should take between 2 and 4 hours.

• Return visits on average take about 90 minutes.

• You’ll spend about 45 minutes actually donating your plasma.

• The rest of the time is devoted to a health screening, getting you set up and comfortable, and compensating you for your donation.
Check-in

- When you arrive at the Biotest Plasma Center, check-in with the receptionist.
- Please bring a valid photo ID, proof of social security number and proof of your current address with you.
Follow These Healthy Guidelines Before You Donate:

- Start by drinking lots of water the day before, as well as the same day you donate. Taking in extra fluids will greatly reduce your donation time.

- Prior to donating, EAT A WELL-BALANCED MEAL and avoid alcohol or beverages with caffeine.

- Avoid fatty and high-cholesterol foods like cheese, whole milk, fried foods, hotdogs, etc.

- Maintain your iron and protein levels by eating a well-balanced diet.

- Finally, drink plenty of water after you donate to replenish fluids.

- In short, take good care of yourself. It could become a habit!

Biotest
Physical Exam

- During your first visit, you will receive a mini physical exam and a review of your medical history.

- Since there is no charge to you, consider the medical health screening an added benefit to becoming a plasma donor.
Screening

• Before each plasma donation, a trained technician will check your vital signs (temperature, pulse, and blood pressure) and will take a small blood sample from your fingertip to check your iron and protein levels.

• These steps assure you and Biotest Pharmaceuticals that you meet the donor suitability requirements for you to donate that day.

• All donated plasma is screened for HIV, hepatitis, and other diseases.

If you’ve taken any prescription or over-the-counter medicines, tell the technician. These substances may affect your screening.
Donating

• Next comes the process of donating your plasma, called plasmapheresis.

• During plasmapheresis, you will sit in a comfortable reclining chair.

• A technician will wipe your arm with a disinfectant and insert a needle in a vein near the inside of your elbow.

• During plasmapheresis, you can pass the time by reading, studying, or watching TV. Wireless internet is available.

• Refer friends and family so you can chat as you donate. (You may also earn bonuses by referring people to donate.)

• The Biotest Pharmaceuticals staff will explain every step of your visit. Don’t be afraid to ask questions about any part of the process!
After You Donate

- After you donate, remember to drink plenty of water to replenish your body fluids.

- When you check out, you will receive compensation for your time. The compensation is nice, but the feeling of helping others is priceless.

- You can resume your normal activities after leaving the center.
Is It Safe? Yes!

The Food and Drug Administration (FDA), the U.S. Government’s safety and regulatory organization for medications, devices, and health care procedures, routinely certifies every Biotest Plasma Center. All supplies used are sterile and fresh from the package. At no time does your blood come in contact with any machinery or equipment. You cannot contract AIDS or other diseases by donating plasma.
Who Can Donate?

- Healthy people 18 or older who weigh at least 110 pounds may be eligible to donate plasma.
- As a health precaution, you are not eligible to donate until 12 months after the date that you receive(d) a tattoo or body piercing.
- Donors should bring a valid, current photo identification (such as driver’s license, student ID, or military ID) to each visit.

Biotest
From Nature for Life
How Frequently Can I Donate?

- Plasma is quickly replaced by the body, normally within 24 to 48 hours. You may donate no more than 2 times every 7 days, with at least a 1 day interval between donations.
People Helping People

- Many people who were apprehensive before their first plasma donation have become regular donors after discovering that donating plasma is safe and easy.

- People who donate plasma on a regular basis help to meet the worldwide demand for plasma and the life saving medicines made from it.

- Millions of critically ill infants, children, and adults whose lives depend on plasma donors cannot thank you personally for your donation, but you have the satisfaction of knowing that your donations make a big difference to many people.
About Biotest Pharmaceuticals

- Biotest Pharmaceuticals produces source and specialty plasmas for the development and commercialization of therapeutic products for the prevention and treatment of infectious diseases and immunological disorders.

- Biotest Pharmaceuticals’ focus is to develop, produce and market drugs derived from human plasma.

At Biotest Pharmaceuticals, we’re dedicated to preventing illnesses, and helping sick people get better. We’d like you to help us help others by donating your plasma.